

Rebecca Klinger

MY MOVEMENT COACH

517-230-3318

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Education:

- Michigan State University 1996
 - Master of Science degree in Kinesiology with an emphasis in Athletic Training
 - Graduate Assistant Athletic Trainer for Women's Gymnastics and assisted with Football
- Alma College 1992
 - Bachelor of Arts degree in Exercise and Health Science with an emphasis in Athletic Training
 - Student Athletic Trainer for Football and Men's Basketball
 - Student-Athlete: Track and Field: 100M hurdles, 100M dash, 4 x 100M relay, Long jump
 - President's Scholarship Award
 - Performance Scholarship for Dance
- Leslie High School 1988
 - High School Diploma with Advanced College Preparatory Classes

Certifications:

- National Athletic Trainers' Association, 1992
- American Council on Exercise, 2004
- Titleist Performance Institute Golf Fitness Instructor, 2008
- Titleist Performance Institute Golf Medical Instructor, 2008
- Selective Functional Movement Screen, 2008
- Advanced CPR, 2013
- Functional Movement Screen, in progress
- Gray Institute for Functional Training, in progress

Work History:

- My Movement Coach, 2013 - present
 - Personal training in which the primary focus is creating the most symmetrical and functional body possible to maximize goal-reaching potential.
- State of Fitness, 2009 – 2013
 - Co-Founder and Co-Owner

- 10,700 square foot fitness facility specializing in personal training, semi-private training, group conditioning, and sports performance training
- Michigan Athletic Club, 2004 – 2009
 - Senior Personal Trainer
 - Internship Curriculum Designer
- MedSport Sports Medicine Clinic, 2002 – 2005
 - Spring Arbor University, 2002 – 2005
 - Head Athletic Trainer
 - Academic Instructor for Athletic Training Students
 - Clinical Athletic Trainer for General Population Patients
- University of Georgia, 1998 – 2002
 - Assisted Athletic Trainer for Athletic Training Students
 - Women’s Soccer
 - Men’s and Women’s Track and Field
 - Certified Clinical Instructor
 - Academic Instructor for Athletic Training Students
 - Eating Disorder Policy and Team Designer
- Youngstown State University, 1996 - 1998
 - Assistant Athletic Trainer
 - Football
 - Women’s Soccer
 - Baseball
 - Men’s and Women’s Track and Field
 - Assistant Track and Field Coach
 - Hurdlers
 - Certified Clinical Instructor for Athletic Training Students
 - Academic Instructor for Athletic Training Students